

## E-bike Trips



# Dolomites



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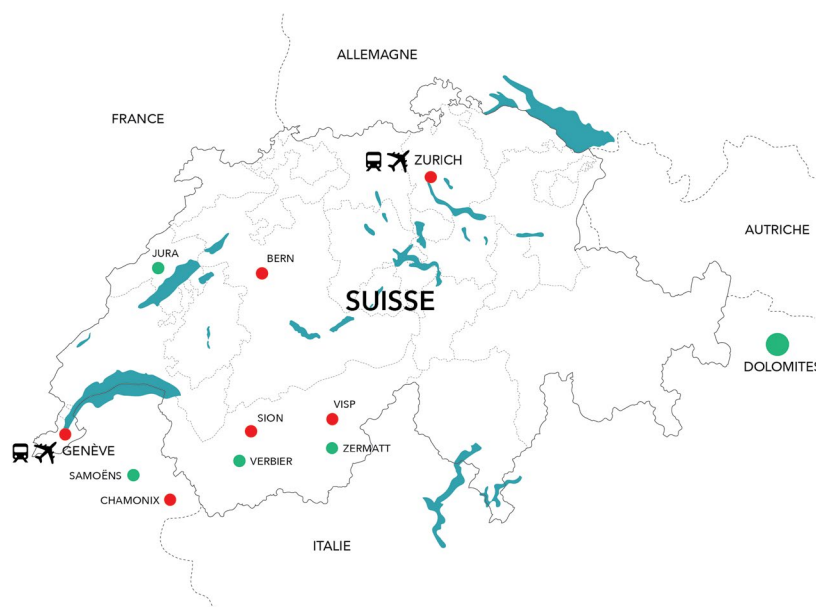
## The Dolomites

**On this tour you will cross four spectacular valleys of the Dolomites including Val Pusteria, Val di Landro, Val Badia and Val Gardena. You will discover the unique mix of Italian, Austrian and Ladin cultures. A unique itinerary amidst breathtaking panoramas.**

On this 5-day itinerary you will admire a wide variety of landscapes. Alpine meadows and forests, open terrain at high altitudes, dizzying peaks and typical Dolomite limestone walls. You will start from the charming town of Sesto / Sexten in the Val Pusteria and end up on the vast alpine pastures of Siusi, located above the Val Gardena

Along the way, you will enjoy hearty meals, representative of the incredible diversity of this region.

## Location & Access



You can reach Sesto by car, train or plane via Innsbruck, Bolzano or Venice.

By road, Sesto is 2 hours from Innsbruck, 3 hours from Verona or Venice.





## Dates & Program

You can choose the date that suits you between mid-June and mid-September.

The stays start on Sunday at the end of the day (arrival at the hotel) and end on Saturday morning after breakfast. The typical program that we present can be adapted or modified according to your wishes.



### Day 1: Arrival in Sesto

Arrival in Sesto / Sextner and check-in at your hotel. Transfer available on request.

Sesto is one of the five villages of the Val Pusteria, at the eastern end of this South Tyrolean valley. It is called “the village of the three peaks”, because it lies just below the Tre Cime di Lavaredo (3 of the most recognizable peaks of the Dolomites). This area is a paradise for rock climbers. It also offers countless mountain bike and hiking routes to its alpine lakes and idyllic rivers.

This first evening you will meet your local e-bike guide. For a first briefing and presentation of the trip.



### Day 2: Sesto - Monte Elmo - Sesto loop

Pick-up of the E-bike and briefing on the different settings. The day that begins with the climb to Monte Elmo / Helm from where can admire views of the peaks of the Meridiana di Sesto or the Sesto sundial. The descent from Monte Elmo through fields and alpine pastures to the Passo Monte Croce del Comelico / Kreuzbergpass and then back to Sesto

 **Ascent D+ :** 1'700


 **Distance :** 41 km

 **Duration :** 5 to 6h.



### Day 3: From Sesto to Cortina d'Ampezzo

Your itinerary follows an old railroad line transformed into a bicycle path. The slope is gradual and easy to cycle on, the incredible remaining iron bridges cross deep canyons offering a view of beautiful mountains and glaciers. Followed by a climb on a dirt road to Prato Piazza and Mount Specie with magnificent views of Tre Cime di Lavaredo, before descending to Cortina d'Ampezzo.

 **D+ :** 1'600

 **Distance :** 59 km


 **Duration :** 4 to 6h.





#### Day 4: Cortina d'Ampezzo to Alta Badia

Today you will discover spectacular views of the Tofana di Rozes, the Cinque Torri (five towers) and Mount Lagazuoi. You will pass through a fairy tale setting around Malga Valparola, a rustic farmhouse where you can taste delicious dairy products made on site. The last section of the trail will give you a breathtaking view of the Marmolada glacier, the "Queen of the Dolomites" and its glaciers before the descent to Alta Badia.

 **D+ :** 2'100

 **Distance :** 49 km


 **Duration :** 4 to 6h.



#### Day 5: From Alta Badia to Alpe Siusi (Val Gardena)

In the morning you will take a natural path to Passo Gardena and admire the Sassolungo massif. Then it's a gentle descent on a path and the ascent to Passo Sella. Once at the top, you will enter a supernatural mineral landscape and continue towards the Comici Refuge and the Alpe di Siusi, the largest high altitude alpine plateau in Europe.

The Alpe is dominated by the Sciliar massif

 **D+ :** 1'900

 **Distance :** 44 km

 **Duration :** 3 to 6h.

#### Jour 6: Voyage retour

Départ après le petit déjeuner pour votre voyage retour.

## Supervision

The Dolomite Mountains guides will guide and accompany you for this trip and will ensure the transport of your luggage from one hotel to the other. They will share with you their passion for mountain biking and for their region. They will make you discover the different facets of the Dolomites.

They will put their skills at your service. It is without worries and in a good mood that you will ride through the Dolomites at the foot of its imposing and spectacular peaks.





## Accommodation

Here are the hotels \*\*\*\* that will welcome you throughout your stay:



**Hôtel St Veit \*\*\*\* - Sesto**

[www.hotel-st-veit.com](http://www.hotel-st-veit.com)



**Hôtel Cortina \*\*\*\* - Cortina**

[www.hotelcortina.com](http://www.hotelcortina.com)



**Hôtel Franceschi \*\*\*\***

[www.franceschiparkhotel.com](http://www.franceschiparkhotel.com)



**Hôtel Christiania - Alati Badia**

[www.christiania.it](http://www.christiania.it)



**Hôtel La Majun**

[www.lamajun.it](http://www.lamajun.it)



**Hôtel Belvedere - Alpe di Siusi**

[www.belvederealtabadiat.it](http://www.belvederealtabadiat.it)

**Option 1:** Either Hotel Cortina or Hotel Franceschi - **Option 2:** Either Hotel Christiania or Hotel La Majun.  
Your package includes accommodation in a double room with half board.  
If you wish to stay in a single room, you will have to pay an extra € 230 for the stay (5 nights).





## Equipment

If you do not have an E-Bike we can organise a rental for the duration of the trip.

For your comfort, we recommend that you arrive with the following equipment

- Sneakers suitable for walking in the mountains
- Cycling shorts or shorts with reinforcement
- Cycling gloves
- Sunglasses
- a small backpack to carry some clothes (against cold and rain) with Camelbak compartment
- A Camelbak should your backpack not have one



## Price

Group 4 pers. : 3'200.00 €/pers.

or

Group 6 pers. : 2'850.00 €/pers.

### These prices include:

- Accommodation in a double room with ½ board, 5 nights
- Snacks for 4 days
- Supervision by a mountain bike guide
- Luggage transfers

### These prices do not include:

- Drinks
- Rental of the electric mountain bike (if necessary)
- Lunches and dinners in the mountains (restaurants, mountain huts, alpine pastures, etc.)
- Accommodation in a single room (Details in "Accommodation")
- To Sesto and return from Alpe di Siusi
- Supplements due to changes in itinerary or program
- Personal expenses at the hotel (mini-bar, laundry, etc.)





## Registration & Payment

In order to register, you must first inform us of the chosen date.

If the guide and the hotel you have chosen are available, we will send you by e-mail a registration form and the invoice for your stay. To confirm your reservation, you will have to send us back your registration form and proceed to the payment of the deposit (35% of the amount of the stay) .

### Cancellation insurance:

A cancellation and repatriation insurance is mandatory. If you do not have insurance covering this risk, we can advise you of companies that offer this type of insurance:

Mondial assistance - Carnet voyage ETI from TCS - Axa,  
Travel insurance - etc.

### Payment method:

- 35% upon reservation
- 35% 60 day before your departure
- The balance 30 days before departure

Payments are made by bank transfer in €uro or CHF according to the chosen destination.

### Cancellation:

In case of cancellation of your stay the deposit is not refunded. They will be carried over to a later reservation only if we have been able to resell your place.

In case of cancellation 60 days or less before your departure, the deposit and the balance of your stay will be refunded only if your place could be resold.

## Contact

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### Bank Details:

Turkey Heliski SA, CP 155, 1936 Verbier

Bank: UBS SA 1920 Martigny

Clearing: 0264

SWIFT(BIC): UBSWCHZH80A

IBAN account €uro : CH05 0026 4264 6415 7461 J

IBAN account CHF : CH96 0026 4264 6415 7401 G