

E-bike Trips



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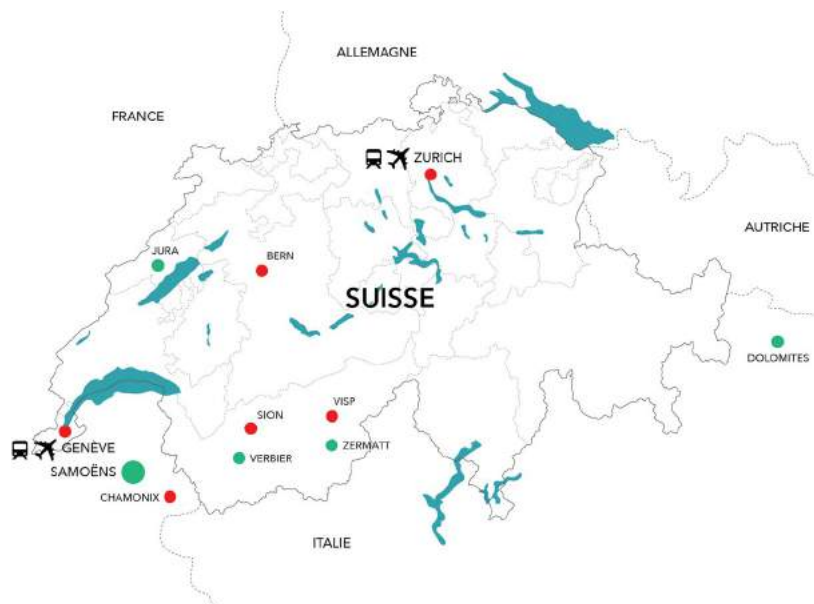


Samoëns & Region

Samoëns is located in the heart of the Alps, in Haute-Savoie between the Grand Massif and the Portes du Soleil.

We chose Samoëns for its quietness and the charm of this village of stone and wood, full of history. The village is well preserved and you can find everything that made its history.

Location & Access



You can reach Samoëns by car, by train or by plane via Geneva, Lyon or Annecy.

By road, Samoëns is 1h.15 from Annecy, 1h.30 from Geneva and 2h.15 from Lyon.



Dates & Program

You can choose the date that suits you between June 28 and September 12.

The stays start on Sunday at the end of the day (arrival at the hotel) and end on Saturday morning after breakfast. The typical program that we present can be adapted or modified according to your wishes.




Day 1: Cirque du Fer-à-Cheval, Bout du Monde

Pick up of the E-bike and explanation of the different settings, technical advice, warm up.

Ride to Le Fer-à-Cheval and Le Bout du Monde. Various passages in a splendid setting between mountains and glaciers, typical villages and amazing gorges.

Adjustable according to your desires.

 **Ascent (D+):** 500 to 900m.

 **Distance:** 30 to 45km


 **Duration:** 3 to 5h.



Day 2: The Mont-Blanc plateau

An exceptional panoramic route from the Joux Plane pass to the Loëx plateau. Breathtaking views on the valley and the Mont-Blanc massif in a natural preserved site rich of history. The second part of the tour starts with a beautiful descent to the valley and on small paths on the hillsides to get back to Samoëns.

 **D+:** 1'000 to 1'500m.

 **Distance:** 40 and 50km


 **Duration:** 3 to 5h.



Day 3: Villages and resorts of the Grand Massif

Varied circuit using ski lifts, trails and natural routes through the Grand Massif. From the tête des Saix, you will reach Les Carroz, Flaine, the lake of Flaine and the refuge of Lairon where you will have lunch.

Adjustable according to your desires.

 **D+:** 800 to 1'600m.


 **Distance:** 25 to 50km

 **Duration:** 5 to 6h.



Day 4: The Smugglers trails

Between Samoëns and Les Portes du Soleil, the day will take you to Morzine by the Golèse pass, then to the Cou pass. Under the Dents Blanches and facing the Dents du Midi. Then on down to the lake of Mines d'Or for lunch. The return to Samoëns will be done by the Joux Plane and its exceptional panorama facing the Mont Blanc and its classic descent of "La Bourgeoise". Adjustable according to your desires.


 **D+:** 1'200 to 1'800m.

 **Distance:** 45 to 60km

 **Duration:** 4 to 6h.

Day 5: Les Grandes Platière

Back to the Grand Massif domain and its ski lifts for this last day with little vertical ascents and a lot of descents. You will reach Flaine and the Grande Platière which offers an unforgettable panoramic view of the Mont-Blanc. Afterwards, we will have a 1'800 m. descent and lunch in the magnificent combe de Gers and its lake. In the afternoon, we will descend to the historic village of Sixt and then return to Samoëns by the route of your choice.

 **D+:** 500 to 1'000m.

 **Distance:** 20 to 50km

 **Duration:** 4 to 6h.

Supervision

Mountain Spirit's guides are state certified mountain bike guides. They will share with you their passion for mountain biking and for their region. They will make you discover the different aspects of their mountains: mountain pastures, lakes, rivers, lost hamlets or summits with breathtaking views of Mont Blanc. Everything is there for you.

An original experience in a friendly atmosphere where you will find a feeling of freedom and discovery



Accommodation

We have selected two hotels of good comfort and different categories for your stay.
You can choose between these two establishments:



Hôtel Gai Soleil ***

Ideally located in the heart of the village of Samoëns, this family hotel welcomes you in a friendly atmosphere.
The hotel has a SPA and a heated swimming pool for your moments of relaxation.

www.augaisoleil-hotel-restaurant.com

Your package includes accommodation in a double room with half board.

If you wish to stay in a single room, you will have to pay an extra € 50.00 per night, i.e. € 300.00 for the whole stay (6 nights).



Hôtel Neige et Roc ****

In a family atmosphere and a cocooning environment, you will benefit from tailor-made services and many attentions to make you feel at home.
The hotel offers you a 100% well-being stay with 2 heated pools, a jacuzzi, a sauna and a hammam.

www.neigeetroc.com

Your package includes accommodation in a double room with half board.

If you wish to stay in a single room, you will have to pay an extra € 45.00 per night, i.e. € 270.00 for the whole stay (6 nights).



Equipment

The rental of an E-Bike and a helmet is included in the price of your package.

For your comfort, we recommend that you arrive with the following equipment

- Sneakers suitable for walking in the mountains
- Cycling shorts or shorts with reinforcement
- Cycling gloves
- Sunglasses
- a small backpack to carry some clothes (against cold and rain) with Camelbak compartment
- A Camelbak should your backpack not have one



Price

Hotel *** : 2'200 €/pers

Hotel **** : 2'450 €/pers

These prices include:

- Accommodation in a double room with ½ board, 6 nights
- Rental of the electric mountain bike for 5 days
- Supervision by a mountain bike guide
- Transportation (lifts, bus, public transport, etc.)

These prices do not include:

- Drinks
- Lunches and dinners in the mountains (restaurants, mountain huts, alpine pastures, etc.)
- Accommodation in a single room (Details in "Accommodation")
- Personal expenses at the hotel (mini-bar, laundry, etc.)
- Your access travel to Samoëns



Registration & Payment

In order to register, you must first inform us of the chosen date.

If the guide and the hotel you have chosen are available, we will send you by e-mail a registration form and the invoice for your stay. To confirm your reservation, you will have to send us back your registration form and proceed to the payment of the deposit (35% of the amount of the stay) .

Cancellation insurance:

A cancellation and repatriation insurance is mandatory. If you do not have insurance covering this risk, we can advise you of companies that offer this type of insurance:

Mondial assistance - Carnet voyage ETI from TCS - Axa,
Travel insurance - etc.

Payment method:

- 35% upon reservation
- 35% 60 day before your departure
- The balance 30 days before departure

Payments are made by bank transfer in €uro or CHF according to the chosen destination.

Cancellation:

In case of cancellation of your stay the deposit is not refunded. They will be carried over to a later reservation only if we have been able to resell your place.

In case of cancellation 60 days or less before your departure, the deposit and the balance of your stay will be refunded only if your place could be resold.

Contact

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